

What is a food desert?

A food desert is a neighborhood with limited access to affordable, healthy food. This is often due to a lack of accessible fresh produce and grocery stores within a convenient distance.

Effects of food deserts on local communities:



Health problems

Increased risk of obesity, diabetes, and heart disease due to limited access to healthy food.



Economic hardship

Higher food costs at convenience stores and limited food choices.



Social challenges

Food insecurity can negatively impact education, mental health, and overall well-being.

